



May Character Trait

Hardwork

Verse of the Month

Colossians 3:23-24 NLT

Work willingly at whatever you do, as though you were working for the Lord rather than for people.

Remember that the Lord will give you an inheritance as your reward, and that the Master you are serving is Christ.

Hardworking: constantly, regularly, or habitually engaged in earnest and energetic work

Work: any physical, mental, or emotional activity directed toward accomplishing a task or transforming inputs in the form of physical materials, information, and other resources into goods or services.

The benefits of working hard to meet a goal are life changing. We come to know who we are and that we are capable of so much more than we thought.

The same goes for physical labor. Nothing builds self-confidence and satisfaction like seeing the tangible results of your labor. The beauty is, when we see those results, we are more willing to tackle an even bigger project in the future. We learn to set goals, manage our time, develop talents and abilities, and ask for help when we need it.

Hard work never sounds like fun, but it can be immensely satisfying and character building.

There's a saying that goes something like, "Luck is where preparation meets opportunity".

With hard work, we make our own luck. When we have the attitude that we can work hard and achieve our goals, we are looking for opportunities for self-improvement. We are also keeping an eye out for those opportunities that allow us to get ahead and taking advantage of them, because we know we have worked hard to be where we are.





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Resources

<https://youtu.be/gb8sxVJeRgg?si=QsSKALfy5EAYeEn7> This is an interview with Angela Duckworth about combining passion with hard work to become successful.

<https://www.becomingminimalist.com/work-hard/> The benefits of hard work.

<https://youtu.be/sWctLEdIgi4?si=j-EXOqWqimXzfnr3> This video explains the findings in the book Grit by Angela Duckworth, that hard work plays a big part in success.

Mentor Activities

- <https://meaningfulmama.com/oreo-games.html>
Grab a pack of Oreos and play some of these games with your teen.
- Head to the local library and ask about all they have to offer teens.
(Resumé advice, job fairs, etc.)
- Work on an elevator pitch with your teen about what they are looking for in a job.
<https://www.apa.org/education-career/job-search/presenting-me>
- “Make Your Bed” <https://youtu.be/NudLfyl2cXc?si=VVZP1BArUUvewr5Z> Watch this video and discuss with your teen.
- <https://www.theindustryleaders.org/post/luck-is-where-opportunity-meets-preparation-how-hard-work-creates-success>
Applying hard work to continuous learning and self-improvement makes our own luck. Ask your teen their thoughts about this.
- <https://www.understood.org/en/articles/job-interview-questions-to-practice-with-your-teen>
Practice job interview questions with your teen.

